

Activities report of the Hand To Hand Fighting Sport Federation of India {HSFI} Concerned period: Year 2023-24

Prepared by: Mr. Pradeep Shinde, President of the Hand To Hand Fighting Sport Federation of India {HSFI},

January 2023

We held the 1st Annual National Hand To Hand Fighting Sport Self-Defense Seminar and 1st Indian Open -Hand To Hand Fighting Sport Tournament (Self-Defense) was with great success.

Indian Open- Hand to Hand Sports Self Defense National Championship was organized at John Milton School, Agra Uttar Pradesh. In which Chief Guest Administrative COD Colonel Satyesh Yadav, Vinod Bansal MD John Milton School Agra, Sakil Sir, Rajesh Sharma, Master Jasur Khasanov, Master Nauzer Zone Mainov from Uzbekistan and HSFI President Mr. Pradeep Shinde Completion of the competition in the presence of all these dignitaries and at what age the self-defense program and training seminar and one day self-defense championship started and the weight competition is to be held according to 20 categories in which 12 state coaches and 200 players participated in this self-defense competition took.

We conducted the 1st National Seminar on 20 To 22 Jan. 2023 , with approximately 200 participants, including coaches, officials and members from over 12 State Association especially from India taking part.

The Seminar was conducted by Master Jasur Khasanov, Master Nauzer Zone Mainov from Uzbekistan of the technical committee of the HSIF UZBEKISTAN under the auspices of the President of the Hand To Hand Fighting Sport Federation of India {HSFI}.

Topic discussed at the seminar included the hand-to-hand fighting sport Technics, competition updated international rules and regulations for referees/judges (officials) and athletes with the specific aim of imparting knowledge to interested parties in particular trainers and athletes.

We reiterated the importance of organisation of such annual seminar which shall allow the participants to increase their knowledge of hand-to-hand fighting sport and be informed about updated information.

The referees/judges/officials and players who participated in the seminar were Selected to take part and officiate in International Training Seminar and HSIF Friendship Cup which took planned in February and April 2023 in Moscow (Russia).

We noticed that hosting of such National event in India with such number of participants for the 1st time is a prestigious achievement in addition to hand-to-hand fighting sport in India but also to the world of hand-to-hand fighting sport.





On 23-24 February 2023,

The Hand-to-hand fighting sport International Federation conducted the Referee and Training seminar in Moscow, Russia.

HSIF delegation led by President Grand master Astakhav Sergey conducted the total of 2 full days Hand-to-hand fighting Sport (Self-defense) Technical, Rules and Regulations seminar on 23 until 24 February 2023 included in Moscow (Russia).

The delegation was composed of Grand master Astakhav Sergey , President of Hand To Hand Fighting Sport International Federation , Myasoedov Sergey the chairman of Training and methodical committee / Members of the Board of HSIF .

The seminar took place at the request of Moscow Hand-to-hand fighting Sport Federation and with support of Moscow sport authorities Organizing Committee.



The total of 4 Referee representing Indian Team that International Referee and Training Seminar. Indian Officials Miss Anita participated Rani, Gurpreet Singh, Ripandee Singh, Gurpreet Singh in the Training seminar and also pass Referee Seminar.



April 2023:

The hand to hand fighting sport event at the Hand-to-hand Fighting Sport World Self-defense Championship (Junior and Cadet) took place from 07 to 09 April 2023 with "Moscow, Russia",

The total of 4 Players and 1 Referee representing Indian Team that Hand-to-hand Fighting Sport World Self-defense Championship (Junior and Cadet). Indian Plyaer Parul, Harnam Singh, Gourav, Gurpreet Sing in the Self-Defense and won Four Bronze medals. Indian Officials Miss Anita Rani Good Work as Referee and Mr. Bamong Toglik pass in the Referee seminar.

Hand-to-hand Fighting Sport World Self-defense Championship (Junior and Cadet) FOP, was design, setup and prepared by Moscow Hand To Hand Fighting Sport Federation organising committee.

All participants and many others who had the chance to follow the Hand-to-hand Fighting Sport World Self-defense Championship (Junior and Cadet) on live on Facebook, **H2H FIGHT TV.@Youtube** Channel and media confirmed that the Hand-to-hand Fighting Sport World Self-defense Championship 2023



(Junior and Cadet) Moscow (Russia) was amazing incredible event and shall be used as standard for all events in the future.

I use the opportunity to thanks Hand-to-hand fighting sport International Federation - HSIF and all staffs for their active collaboration.



September 2023

The 3rd **National Hand To Hand Fighting Sport** Championships was organized **Hand To Hand Fighting Sport** and Welfare Association ,Haryana under direct supervision of President Pradeep Shinde and Secretary General Dr. Santosh Kumar rao and Rahul Meshram the Chairman of Technical Committee and member of the Board of Directors of **Hand To Hand Fighting Sport** Federation of India. The total of 16 State Arunachal Pradesh, Bihar, Chandigarh, Delhi, Gujrat, Haryana, Jammu and Kashmir, Maharashtra, Madhya Pradesh, Odisha, Punjab, Rajasthan, Uttar Pradesh, Uttrakhand, West Bengal, Karnataka, from the five Zones of India took part with participation of 350 athletes with (both Fight and Self-defense).

The State Uttrakhand obtained the 3rd place in combined styles medals ranking after State Uttar Pradesh with first and State Haryana 2nd Places.

West, East, South, North and North East Indian State were duly presented with many athletes in different styles.

3rd National Hand To Hand Fighting Sport Championships FOP, was design, setup and prepared by Hand To Hand Fighting Sport and Welfare Association Haryana organising committee led by General Secretary Mr. Rameshwer.

The competition after 2 full days successfully ended on the evening of 02 October 2023 following with Farwell Dinner offered to all participants.

I use the opportunity to thanks **Hand To Hand Fighting Sport** Haryana and all staffs for their active collaboration

3rd National Championship 2022-23 Hand To Hand Fighting Sport (RUKOPASHNY BOI) inauguration ceremony successful

Hon'ble Chief Guest Mr.Sarabjeet Singh, State President (Minority Dpartment, Haryana) Shri Pradeep P. Shinde, President, HSFI, Dr. Santosh Kumar Rao, General Secretary, HSFI ,

Miss Anita Rani, President, HSFI Haryana

Mr. Rameshwer, Gen. Secretary, HSFI Haryana

"Together we are stronger"





**“PREINGING TIGER CUP”
 1ST INDIAN OPEN HAND TO HAND FIGHTING SPORT
 TOURNAMENT 2023
 DISCIPLINE SELF-DEFENSE
 TINY-TOY / CADETS / JUNIOR / SENIOR –MALE AND FEMALE
 AGRA, UTTAR PRADESH
 30 SEPTEMBER 2023 TO 02 OCTOBER 2023**

STATE	GOLD	SILVER	BRONZE	TEAM CHAMPION STATE
CHANDIGARH	4	4	3	
DELHI	2	5	---	
GUJRAT	---	---	4	
HARYANA	9	18	8	2 ND PLACE
MADHYA PRADESH	---	1	1	
MAHARASHTRA	13	7	2	1 ST PLACE
PUNJAB	4	8	5	
RAJASTAN	2	--	1	
UTTAR PRADESH	7	2	3	3 RD PLACE
WEST BENGAL	1	3	---	


RAHUL S. MESHARAM
TECH. DIRECTOR, HSFI
INTERNATIONAL REFEREE –HSIF (IF)





3RD NATIONAL HAND TO HAND FIGHTING SPORT CHAMPIONSHIP 2023-24
DISCIPLINE FIGHT & SELF-DEFENSE
TINY-TOY / CADETS / JUNIOR / SENIOR – MALE AND FEMALE
CDLU UNIVERSITY, SIRSA, HARYANA
30 SEPTEMBER 2023 TO 02 OCTOBER 2023

STATE	GOLD	SILVER	BRONZE	TEAM CHAMPION STATE
ARUNACHAL PRADESH	5	5	2	
BIHAR	2	2	1	
CHANDIGARH	4	4	3	
DELHI	2	0	0	
GUJRAT	---	---	4	
HARYANA	13	18	8	4 TH PLACE
JAMMU AND KASHMIR	4	5	2	
JHARKHAND	---	---	3	
MADHYA PRADESH	---	1	1	
MAHARASHTRA	16	7	12	2 ND PLACE
ODISHA	4	5	3	
PUNJAB	4	8	5	
RAJASTAN	---	1	1	
UTTAR PRADESH	20	6	5	1 ST PLACE
UTTARAKHAND	14	1	1	3 RD PLACE
WEST BENGAL	3	1	1	

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